



New—Mental Health Act (Qld) 2016

Advance Health Directives and

IPRA Presentation for Mental Health

**Ensure your mental health care choices are respected
if you become unwell**

With the new Advance Health Directive for mental health you can:

- Discuss future treatment preferences with your doctor and have a formal document to reflect your wishes
- Inform your treating team about your recovery journey plans
- Choose support people you trust to assist in making healthcare decisions for you, should you become unwell. You can also set limits on the decisions they can make.

Consumer, Family and Carer Workshop

These free workshops are for individuals who experience mental health concerns, their family, and carers. Attending a workshop can help you understand the new Advance Health Directive for mental health.

Walali Red Cross Neighbourhood Centre 14B Cambridge St, Rockhampton	Wednesday 31st May 2017 10.00am—12.30pm	RSVP: 4922 0020 Lesley Guy lguy@redcross.org.au
CQMHAOD Sterling Place, Ground Floor, Program Room, 156 Bolsover St, Rockhampton	Thursday 1st June 2017 10.00am—12.30pm Video Conference: 160941	RSVP: 4920 5500 Lester Weston Lester.weston@health.qld.gov.au

This workshop is open to all interested consumers, carers and family members and is not suitable for service providers. You only need to attend one.

Other workshops are available in locations across Qld. To find out more please email: guardianship2@adaustralia.com.au

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