



Advance Health Directives for Mental Health

Ensure your mental health care choices are respected
if you become unwell

The new Mental Health Act is active in Queensland from March 2017. It enables you to express your views, wishes, and treatment preferences formally in a new document called an Advance Health Directive for mental health. This allows you to have your say and plan for future health care treatment should you become unwell.

With the new Advance Health Directive for mental health you can:

- Discuss future treatment preferences with your doctor and have a formal document to reflect your wishes
- Inform your treating team about your recovery journey plans
- Choose support people you trust to assist in making healthcare decisions for you, should you become unwell. You can also set limits on the decisions they can make.

Consumer, Family and Carer Workshops Metro South Hospital and Health Service

These free workshops are for individuals who experience mental health concerns, their family and carers. Attending a workshop can help you understand the new Advance Health Directive for mental health.

Logan Central Addiction & Mental Health Service	Tuesday 18 April	9.30am—11.30am	51 Wembley Road, LOGAN RSVP: Kate O'Keefe T: 0417 239 348 E: kate.o'keefe@health.qld.gov.au
Cleveland Library	Thursday 27 April	9.30am—11.30am	Cnr Bloomfield / Middle Street, CLEVELAND RSVP: Kate O'Keefe T: 0417 239 348 E: kate.o'keefe@health.qld.gov.au

Workshops are open to all interested consumers, families and carers. You only need to attend one.

This workshop is not suitable for service providers.

Other workshops available in locations across Queensland. To find out more please email: guardianship2@adaaustralia.com.au

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